



## Strategy Session

July 30, 2025

Dan discussed the Federal Reserve's decision to maintain current rates, with two governors dissenting in favor of a cut. He questioned the Fed's claim of being data-dependent, suggesting that decisions often appear driven by subjective bias rather than objective data. Dan highlighted market overreactions to Fed commentary and emphasized the need to remain focused on actionable price trends rather than emotional reactions to macro events. He also encouraged traders to stay grounded and avoid chasing headlines.

### Next Steps:

1. Members to review the session recording for insights on how Fed decisions influence market sentiment.
2. Traders to focus on price action and avoid overreacting to Federal Reserve statements.
3. Investors to remain skeptical of the Fed's stated rationale and watch how the market digests these moves.
4. Continue applying technical analysis rather than relying on emotional or news-driven decisions.
5. Stay cautious in the current environment, as market direction remains uncertain.
6. Emphasize discipline and clarity in setups rather than reacting to broader economic noise.

### Transcript:

0:00: Interesting day, the Fed, as everybody predicted, didn't do anything.

0:07: two Fed governors dissented.

0:09: They wanted a rate cut.

0:11: it's interesting that's, I won't, if, if you want to know more about that, just go online.

0:16: It's called the Internet, but.

0:19: They, Powell is I, I do think the Fed is political to a certain extent, and not maybe necessarily, you know, I hate Trump I love Trump.

0:31: I love the Dems.

0:32: I love the Republicans.

0:33: I, I'm not talking about that.

0:34: I mean maybe that's going on, but who, who the hell knows?

0:37: I'm just saying, they kind of have their each of these people and certainly freaking Powell.

0:43: , they've got their opinions as far as how policy should be done and stuff like that, and those feelings don't really have anything to do with the data, that they're seeing, and that's kind of the main thing.

0:58: I'm not gonna rant about this at all.

1:00: I've done that probably to a point where it kind of pisses some people off here, but it's just the fact that dude.

1:08: If you're gonna be data dependent then be data dependent and tell us what the data is that you're dependent on if you're gonna be data dependent, and they always say they are until they're not and then if they're asked what data are you relying on, it's kind of like, well, I got this feeling, well, I'm not real sure.

1:29: So here's the thing though, if you look at this during the, the market, like, wow, you know, oh my gosh, this is horrible.

1:37: I didn't actually really decline that much.



1:39: Like I don't, I think it worst, not even a percent.

1:44: So it wasn't a big pullback.

1:46: This is really exactly what I was saying this morning, you guys, especially if you were on, if you caught me on, Sirius XM.

1:55: I was saying how I kind of thought it was gonna be a big yawn, but then what's really kind of cool about this in a bullish kind of way is this started to rebound right into the close and now if you just, if you just looked at this, I mean, this is aftermarket during market hours, that's what it looked like, which isn't bad, but it was hello down now.

2:17: , we're back up, so.

2:22: Seriously, it's like all systems go.

2:25: No.

2:26: Nothing new under the sun except higher prices all the way around.

2:30: So I'm gonna get to our active trade list.

2:34: everything's doing pretty well, some way better than others.

2:38: But first, I want to look at, I want to look at earnings here like Microsoft, they, they printed a big number, not surprising, and you can see how this is running.

2:53: My sense is, I mean, this is a monster move.

2:56: Look at this volume here, look at the after hours volume.

3:01: it's a really, really big move here.

3:04: So, I think you, I'd kind of have a hard time buying a stock that's up 7.5%. You're probably going up more and it would not, it would actually surprise me if we didn't get a \$600 print here and, Actually kind of fairly soon.

3:24: they reported great numbers and they're right on top of things.

3:28: meta.

3:30: I think this probably has an \$800 handle on it, sooner rather than later.

3:35: If you look at it, you go like, oh my gosh, you know, that's 40 points.

3:38: No, it's 5%.

3:40: It's just not that much of a, not that much of a move, particularly after a big V here, I guess you could say, oh, that's a cup.

3:48: , well, it in a shot glass, that's for sure.

3:52: but so that's a cup, here's a long handle.

3:55: So it's just, breaking out here.

3:57: If you want to do the typical measured move, you drag it all the way down to here, 35%, 265 bucks, proper breakout.

4:08: I think I have to, I gotta drag the chart down more.

4:17: And you could really say it's a \$1000 handle on it, and I can see that, but that's not relevant to our purposes because there's a lot of time and a lot of.

4:26: , a lot of X axis, to be gone through before we get up to those levels.



4:32: Let's just say I think this is a key breakout and we're probably gonna move, significantly higher on this.

4:38: Now Robin Hood's interesting because I've been covering this a few times lately, and there may, by the way, for you OM members, there may be an option trade on this tomorrow.

4:50: They reported earnings pretty solid.

4:53: You can see how the stock gyrated around, a bit.

4:57: But I liked this still do, but I liked this here.

5:03: The stock was just kind of flattening out here, trading in kind of a tightening area within an up trend, so we look to this and then look for an upside breakout and move higher well.

5:18: We kind of got that for a little bit, today, after, after hours, and now this is pulled back.

5:25: I like the way that I like the my prospects here and what I mean by that is.

5:32: If it broke out like Microsoft or Meta, I mean, what, what are we gonna do with those tomorrow?

5:39: I mean, if you own them, you're happy that you own them, but if you don't, you say, well, do I buy?

5:45: do I not buy?

5:46: What do I do?

5:48: with hood, it's, we don't have that same issue because it's still actually consolidating and so hopefully.

5:56: The stock will, will just kind of continue to, to trade in a sideways in a sideways fashion, and that would give the stock time to change hands like I'm stating the obvious, but, sellers sell and buyers buy and hopefully we get kind of a lower volume along, along this run here and then it would free the stock to move higher.

6:24: that's.

6:27: What I'm hoping for, anyway, so, anyway, so I want to keep, we want to keep an eye on these three stocks tomorrow, but also, just a couple Alon here is, it's just interesting.

6:41: I'm gonna put it that way.

6:42: There's nothing to do here.

6:46: Nothing to do here right now.

6:47: It's right along the 50 and you look at this and say, OK, well this has possibilities and that's really what it is.

6:55: It has possibilities, set an alert.

6:58: I'm gonna set an alert.

7:05: Right there, 7397 or excuse me, 379 380.

7:13: I've got a couple of them there now so this could move, set your alerts as well if if the stock moves fast by the time.

7:23: If I see, if I get my alert hit and then I send something out, that's gonna be a lot slower than if you just set the same alert.

7:32: And then LB here, somebody mentioned this, I think, oh yeah.

7:39: I think it was in the trading room, but it might not have been.

7:41: Anyway, this is another one that they report earnings in the middle of next month, so it's a couple of weeks away, but this is also something that could, start working for us.



7:50: It's, it's working great for a lot of people.

7:54: I'm just not one of them, and you may probably aren't too.

7:58: not really a great entry here, you're kind of guessing, but it's definitely something to keep in, something to keep an eye on.

8:05: And any pullback close to the 50 day moving averages where.

8:11: , is where you wanna be.

8:13: So, first kind of featured this stock back here you can see, the line drawn on the middle of June and then a breakout here so we get a nice breakout and then a pull back actually to test that breakout again, a, a very, very.

8:29: , consistent rule of trading is that prior resistance, once it's broken through, can act as support.

8:38: So we see this resistance line here and then it supports the pull back here a little bit here.

8:45: Definitely here and so this is really where your support is, but now I think that can be translated up to support along the 50 day moving average.

8:54: OK?

8:55: So I wanna just jump into the active trade list and.

9:01: That should be it.

9:03: fungus here, FNGU, a nice move higher.

9:07: Guess what?

9:08: When Microsoft and Meta are screaming, FNGU is gonna move higher.

9:14: Nvidia is even moving higher as well.

9:18: So, it's all good in the hood except for under the hood here, not really working well there, but FNGU.

9:25: , guys, this is a strong move here.

9:28: We're in a 2503 now it's a 2666, not a, not a huge percentage gain, but I'll tell you this, I love this chart.

9:42: I mean we could, we could see this go much higher.

9:45: It's a, again, it's a triple ETF and this chart is really, really sweet, showing some pretty nice upside momentum here, so, I.

9:56: I mean, I don't know.

9:57: My target on this would be, 28, 29.

10:02: you don't want to get nuts on this, but, yeah, I think 28 or 29 bucks, which should give us a pretty decent, pretty decent return.

10:13: So that's fungus?

10:15: And then IBI, I bet, guys, Bitcoins just doing its thing.

10:20: I bet is trading right along with it, One thing to keep in mind, actually two things to keep in mind, micro strategy, they report earnings tomorrow.

10:32: Nobody cares about, nobody cares about what they what they report in their numbers.

10:38: This is just a bitcoin bank.



10:40: It's what they do, so just watch this for an upside move.

10:44: I'm not anti I'm not expecting it.

10:46: I'm not even anticipating it.

10:48: I'm just watching it.

10:49: , mystics is your double ETF if this is, if this works for you.

10:55: just be careful with this.

10:58: I've gotten bit by it.

11:00: I've, I've bitten it, but I've gotten bit by it as well.

11:03: So kind of stick with a micro strategy and there could be an option trade on this as well, like selling puts.

11:09: I don't.

11:11: Again, like if nobody really cares that much about what their enterprise software business is doing, then.

11:18: Can they report a really bad number?

11:21: Not really sure that they can.

11:23: OK.

11:24: so, Lidos is still kind of just drifting around sideways.

11:29: It's consolidating, nothing to, nothing to, be thinking about too much on this, just, Just let it work.

11:38: We're up on this, 6.5%. Just make sure that you protect your gains.

11:44: And if you've got a big position and you're uncomfortable, there's nothing wrong with, lightening up a little bit.

11:52: I, I don't see this as doing much of anything before earnings, and that's on the 5th.

11:57: So you can really like who would make a big commitment either to buy or to sell when earnings are due next week.

12:04: I think it's Tuesday, maybe Wednesday.

12:07: Yeah, on Tuesday, when earnings are next Tuesday, you're not gonna see big money coming into this stock or going out.

12:15: So between now and next Tuesday, I think you're just gonna see.

12:18: , you're just gonna see more sideways stuff here.

12:22: So if that's OK with you, then just let it, ride, but as if I was managing money here.

12:30: I would be inclined to, to maybe reduce the position.

12:35: I would have been inclined to be doing that for a while here if I'm managing money.

12:38: I got a big position and I just kind of wanna, lighten up, so, but I, I intend to hold this on the list up until earnings, but again, just my suspicion is it's gonna stay in this general.

12:53: , range here.

12:55: Amazon.

12:58: Working well.



12:59: I've got no issues with that.

13:01: We're up nicely, on this trade.

13:05: stop, where did I put the stop?

13:08: The, stop on Amazon is at 21,840.

13:12: I'm gonna, I'm gonna go ahead and raise that stop.

13:18: They report earnings tomorrow, by the way.

13:20: I remember saying, I don't really even know that the stop is relevant because it's not gonna have a big pullback between now and when earnings are due.

13:31: still, Still, I'll go ahead and raise the stop to break even, but just know, again, I, I don't, I could make, I could definitely make a case for why are you raising the stop when you know you're not gonna get stopped out before the end of the day tomorrow and frankly, just the reason is to just avoid confusion if somebody if somebody wonders if somebody's new and they're scratching their heads because this is, this is a pretty, based on this chart, it's a, it's a fairly wide, fairly wide stop for this.

14:11: So anyway, that'll be.

14:13: At break even, but I do intend to suggest, as an active trade I talked about this earlier as an active trade this is one that it's always dangerous to hold over earnings though it didn't really hurt Microsoft and Meta it did.

14:33: Hurt Qualcom If you flipped this chart upside down and made this bar green, this would be really, really awesome, but as it is, that's not what you could do.

14:44: It's literally almost the exact opposite of meta.

14:48: so, OK, so then we've got Oklo or Olo.

14:53: OK, low, that's just kind of drifting higher, no issue with this.

14:58: I think we got a nice trade, a nice trade going here, and, let me see what our.

15:06: Yeah, I mean, this is really where we are.

15:09: I'll show you on trade track.

15:12: On this, we're up 32, 32%.

15:16: I should be maybe lightening up taking say half of the position off or something like that and, perhaps.

15:25: I will do that, but earnings aren't until the 11th, and so we have room percentage wise to do that, but I, I think the stock can push through 80%, and we don't know how high it can go between now and the 11th, but I'll tell you this.

15:43: It's going higher.

15:45: OK, SMCI, member put this on the list and, it was admittedly, on a, on a breakout here, I felt like we kind of got it a little bit high but not too high because of the way this stock, was trading.

16:02: And then the following day, it did just pull back, it just kind of consolidated a little bit and now this is, continuing its move higher.

16:10: So I think that.

16:12: , the, by the way, this kind of like consolidation, a pop and run, consolidation, a pop, a breakout, and then continuing to go higher.



16:24: I, I really feel like it's got 70, written on it.

16:28: That's really, that's really my target on this.

16:33: And then, a couple more sale.

16:38: Remember, this was so stinking volatile here and, I mentioned yesterday, we're probably gonna get stopped out today and the 2115 level was hit.

16:49: But look at the, look at the way this thing traded, you know, it traded down triggering a stop, then it comes back up, to a higher high, and then is like right in the middle of the range here.

17:01: So this is kind of one of those stocks that if you're in, you, you just kind of have to ride it like a buck and Bronk and but don't have a big position in it.

17:12: you definitely don't want to have a big position in it.

17:14: And if you're uncomfortable with the position, then it's obvious that it's too big, or maybe you're just not in it at all.

17:22: But this kind of trade, I mentioned this is for active traders.

17:27: And if you say if you're not an active trader, but you'd like to be an active trader.

17:32: That's OK.

17:33: You can trade the stock, but just recognize that you're trading in a little bit of a disadvantage because you don't really have much experience at it and that's fine too.

17:42: We all got to get experience somewhere, but what you do is then you trade with a really small position size or frankly, you just paper trade it you just do it like.

17:55: Get on trade track.

17:57: Make these pre pretend trades, set your stop and then hold yourself to it.

18:04: and then if you get stopped out, that's fine, trade track.

18:08: , trade track will let you know, Yeah, I can, I'll go ahead and do that, So let's say I don't know, 2185, let's do this.

18:25: I'll show you how I, I'll show you why this is something that you should, you, you, this will keep you honest if you go to, current risk and account, OK, and then sale here, so we're down a little bit.

18:42: So let's say that the stop.

18:44: , Let's say that the stop, let me see what the price is here.

18:52: Bad memory.

18:53: OK, it's 2168.

18:56: OK, so let's say I set the stop at 22.

19:01: OK.

19:04: Now OK.

19:09: Note how when I did that, so I, I've been stopped out now because the stock is lower than this new stop price that I just put in.

19:20: So if you're on trade track, this is what you're gonna see when you're on your open positions.



19:25: , oh crap, I got my stop triggered which one is it?

19:30: And you can look down here and you can find it, but the point is you go back to the current risk in your account and then you can make a decision as far as what to do.

19:39: so anyway, I'm just wanted to show you that because I'm trying to teach you, not just like, not just like put in trades, although that's kind of fun too.

19:51: So, anyway, let me get, OK, so I'm getting that back to normal.

19:55: And then, so that's sale, nothing to do with this here.

19:58: And then stone X.

20:00: , this was a breakout today.

20:03: I got to stop just a little bit below the, today's intraday low.

20:10: 9783 were flat on this trade.

20:13: I like the way this was trading today.

20:16: Look at the volume, almost double average volume, and this is what we want to see.

20:20: Earnings are on the 5th, so we can kind of hold this through these next couple days.

20:26: They report on Tuesday, so depending on how this is looking on Friday.

20:31: , we can hold it over the weekend or maybe close it out then.

20:35: My inclination is to hold it over the weekend because the market's pretty strong, and I don't see if we're gonna hold it into Friday.

20:43: I don't really anticipate anything happening over the weekend that could really knock this down a lot, so we would have time.

20:51: , to clear out the trade before earnings are due.

20:56: So, and this was just something that was put on today.

20:59: So, I'm happy with the way it's trading.

21:01: All right, that's, that's all we got here, guys.

21:05: listen.

21:07: If you are not a member of Trade Track and Stockwatch, if you're not using that.

21:13: I do kind of think you're missing out.

21:15: I gotta tell you that, for two different reasons.

21:18: First of all, with stockwatch, it cuts your research time down a lot.

21:22: I've done all the work for you, and then, with trade track, you gotta be tracking your trades.

21:29: If you don't under, if you don't know where you are in your trading activity other than just, oh, my account's going up or oh my account's going down, I wonder what I'm doing wrong.

21:38: , if you got to be more granular than that, and if you are, if you're able to be more focused on what your numbers are, then all it takes is, is just these tweaks, these little, little modifications, and they'll make a huge difference in your, trading results.





21:57: You've heard of that book Atomic Habits.

21:59: , I'll say with trading, it's atomic adjustments, just these little things here and there that'll make a big difference in your overall performance.

22:08: So anyway, check it out and I'll talk to you guys later.